

NSS HANDOUT 2019-21

RAMAIAH INSTITUTE OF TECHNOLOGY

(Autonomous Institution, Affiliated to VTU)

Bangalore-54



RAMAIAH
Institute of Technology

NATIONAL SERVICE SCHEME (NSS)

SUMMARY OF ACTIVITIES

2019-22

Vidya Soudha, M S R Nagar,
MSRIT Post, Bangalore-560 054

www.msrit.edu

email id: nssmsrit@gmail.com

National service scheme (NSS) activities in MSRIT started during 1999-2000 and NSS activities have grown into a movement over the years as seen from the growth chart given below.

S No	Year	Activity
1	1999-2000	NSS activities started in MSRIT, Two staff members and about 30 students involved
2	1999-2000	First Blood Donation Camp organized
3	2003-2004	Special camps in school started
4	2007-08	NSS provided space in ESB-II
5	2009	Skill development programs for drop-out students started
6	2011- 2018	Special camp organised in 4 schools simultaneously (Every year)
7		Blood donation camp and emergency blood bank every year
8		Visits to slum areas and improvement thereat
9		Skill development programs for all age groups in computers, mechanical, electrical workshops and chemistry laboratories.
10		Focus on clean energy, detection of food adulteration, Parthanium removal, interactions with destitute and orphans in orphanages, etc, and other such outreach programs.
11		A small computer lab using old/discarded/used computers (25 No,s) which can be exclusively used for the skill development programs
12		Regular activities at school like computer classes, English speaking classes, coaching classes in Maths and science for 10 th standard failed students , etc

NSS activities at MSRIT have won appreciation at the state and National levels

S No	Year	Award/Appreciation
1	2003	Awarded for highest blood collection at a blood camp by Karnataka AIDS Prevention Society
2	2008	NSS,MSRIT Unit Camp Photo included as the page for June2008 in the national NSS Calendar (GOI)
3	2007-08	NSS State Award for Best NSS Unit and Best NSS Programme Officer for MSRIT from Government of Karnataka (awarded in 2010)
4		All Blood Banks Medical officers appreciated NSS Unit , MSRIT
5	2017	"Guinness record Holder" for Diabetes Awareness Campaign 2017-18

At present the volunteer strength of NSS at MSRIT is 300. In addition to a NSS Officer and a NSS Coordinator, about 10 faculty members from various departments associate regularly with NSS activities.

Activities undertaken by the NSS have included;

- Blood donation camp
- Blood donation camp and emergency blood bank conducted every year. Focus on clean energy, detection of food adulteration, parthanium removal, interactions with destitute and orphans in orphanages, etc., and other such outreach programs
- Environment enrichment and conservation
- Health, family welfare and nutrition programs
- awareness programs for improvement of the status of women, women's development and gender justice, work in hospitals
- Skill development programs or all age groups in computers, and chemistry laboratories.
- Healthy life-style education, AIDS awareness program
- Rehabilitation work during natural calamities and emergencies

30th NATIONAL ROAD SAFETY WEEK:

Date: 8th February 2019

Keeping the increasing negligence towards road safety in mind, an event in association with the Transport Department (Yeshwanthpur) was organized on the 8th of February 2019 at 2:30 pm as part of the 30th National Road Safety Week.



ARTICLE 326

Date: 15th March 2019

With Lok Sabha elections right around the corner, we as responsible citizens of our country have to be well informed about all the information regarding the same. Article 326 – A demonstration of EVM and VVPAT was organized in the ESB Big Seminar Hall to raise awareness about the same. The event was presided by Sri. Sanjiv Kumar IAS, Chief Electoral Officer, Karnataka and Sri. N Manjunath Prasad IAS, District Election Officer, Bengaluru and Commissioner, BBMP along with other officials from the Election Commission of India.



ANNUAL SPECIAL CAMP 17th July 2019 to 15th August 2019

“How wonderful is that nobody need wait a single moment to improve the world.”

Date: 17 th July 2019 – 15 th August 2019



Orientation for Ist year students: 24th August 2019

We the NSS volunteers organized an induction program for 1st semester students on 24th august. It was held at the ESB seminar hall I. The duration of the event was two hours. This Orientation aimed in creating a sense of social responsibility in their minds and to also make aware about such a social cause platform that is present in our institution



ORPHANAGE AND OLDAGE HOME VISIT

“Real happiness lies in service to others”

Date: 29th September 2019

“We can’t help everyone, but everyone can help someone.”

Help is not measured by the amount you give for others but by the amount of time you spend in thinking about them. 29th of September was one such day where the volunteers got a chance to interact and learn something from the elders and children of old age homes and orphanages. Each team visited different orphanages and old age homes and spent a valuable time of 2 hours with them. The pre-event activities included collection of necessary donation items from the students in our college and handing it over to the incharges on the day of visit.



ORPHANAGE AND OLDAGE HOME VISIT

J.M.J charitable trust, Arya Sevashrama trust, Kalparaksha Sevashrama, Stanley Greater Hope orphanage, Shree oldage home, Nele Narendra , Annapurni Seva ashrama, Sevasadhan, Shree rama elders home, Shree sharadha charitable trust, Nemmadi mane, Thunga Bhadra Senior Citizen old age home

Skill Development Programme

Date: 28th August 2019

Venue: Intel Lab

” In today’s environment, hoarding knowledge ultimately erodes your power. If you know something very important, the way to get power is by actually sharing it.”

-Joseph Badaracco.

Skill development program 2019, one of the major activities of NSS RIT was initiated on 22nd October 2019. NSS-RIT conducted 2 months courses in computer training and English speaking as a part of skill development programme. We started with publicity in and around the college vicinity, reaching various age groups and informing them about the programme and its benefits. The on-campus classes were held from 23rd October 2019.



SEEING VOICES

“Act out the feeling”

Date: 24th October 2019

Venue: ESB Seminar hall-I

“Signs are to eyes what words are to ears.”

Talking to someone with a language different to us is challenging but talking to a person who has a disability in hearing is really difficult. This is where a language introduced by them using signs comes into play. “**Seeing voices**” event was conducted on 24th of October 2019, Thursday. This event was an attempt by the students in highlighting the importance of sign

language. The event was held at 4:30 pm in ESB seminar Hall-I. The spoke person of the event was Mr. Gireesh, head master of Shathashruna Vidya samsthe.



FACULTY NSS ORPHANGE VIST

Date: 19th October 2019

Venue: Need Base India, Jalahalli

“Alone we can do so little; together we can do so much.”

“Value of life is not judged by duration, rather by our contributions.”

We the National Service Scheme (NSS) wing of Ramaiah Institute of Technology (RIT) took the initiative of organizing NSS for our faculty members this year. It was first such platform for them to do their bit to the society. As the quote says their contribution in time and knowledge is something that will stick on to us.



22nd Annual NSS RIT Blood Donation Camp

Date: 5th December 2019
Basement

Venue: ESB

The 22nd Annual NSS RIT Blood Donation Camp 2019 was organized on the 5th of December 2019 i.e. Thursday. The event took place in the ESB Basement of our college from 9:00 am to 5:00 pm. Thirteen blood banks across Bangalore joined us for the collection drive this year.

The inauguration ceremony started at 11:00 am. The chief guests for the day were Sri.

M.R. Seetharam (Vice Chairman, GEF, Director, RIT), Sri Dhananjaya, Sri Suchendra Prasad, Kum Amrutha Iyengar and Rajya Ram. The ceremony began by invoking the Almighty's blessing through an invocation song followed by lighting of the lamp by the chief guests. This was followed by the speeches given by the chief guests of the ceremony where they appreciated the NSS wing for their small measures to contribute to society.





HEALTH CAMP

Date: 29th January 2020

Venue: LHC Basement

“The groundwork of all happiness is good health.”- Leigh Hunt.

India has seen an increase in various diseases such as obesity, diabetes, etc. As we all know, prevention is better than cure. Hence, it is extremely important to know that an individual has a certain disease.

NSS RIT in association with Millennium Blood Bank organized a health camp on the 29th of January 2020 from 10 am to 3 pm at the LHC basement of RIT. It was mainly for the staff members of different Ramaiah colleges.



The camp involved free tests for diabetes, blood pressure, eye and physical fitness. Along with this there were several package tests like thyroid test, hemogram test, lipid profile test, etc.

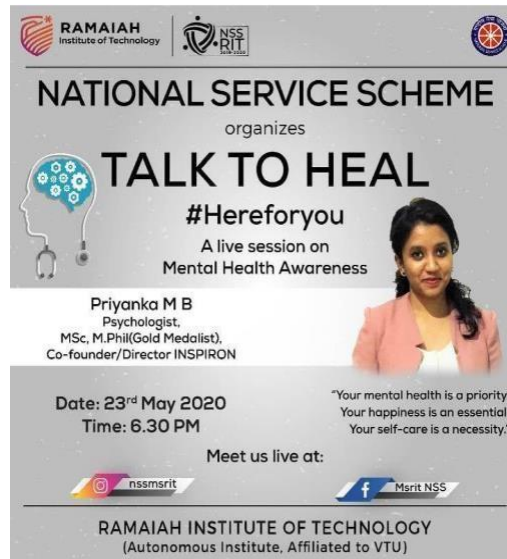


TALK TO HEAL

Platform: Instagram live

Date: 23rd of May 2020

“Your mental health is a priority. Your happiness is an essential. Your self-care is a necessity.”



The COVID-19 pandemic put a halt to the offline events of NSS. The first online event conducted was 'TALK TO HEAL'. Considering the onset of the pandemic and the fear, anxiety and stress associated with it; this live session was held in order to create mental health awareness. The live session was held on Instagram live on the 23rd of May 2020. The speaker, Priyanka MB (Psychologist, MSc, MPhil, Co-founder/Director of inspiration

WEBINAR- RETHINK, REINVENT & RESET

Platform: Google meet

Date: 5th of December 2020

"The difference between who you are and what you want to be is what you do."



The COVID-19 pandemic was physically and mentally exhaustive for many people; especially students attending virtual classes. To get a positive outlook not only during the

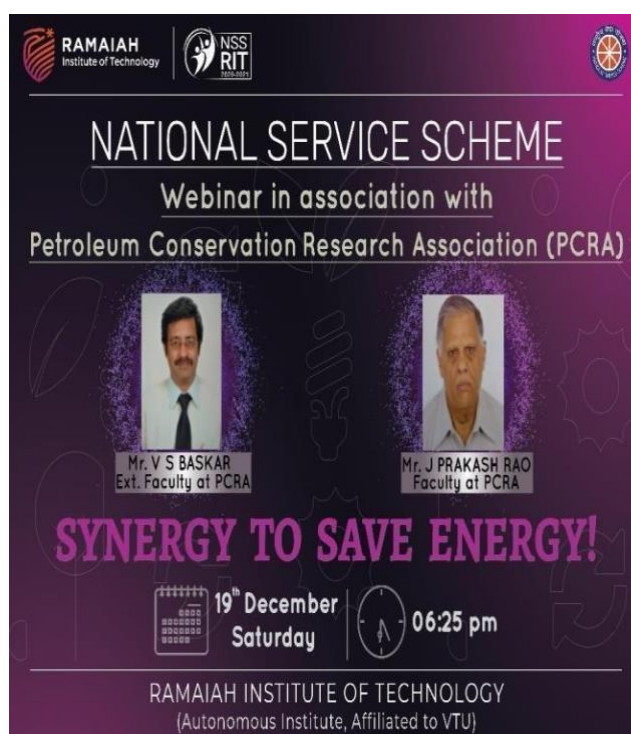
pandemic but also at all other times, NSS RIT conducted a webinar- RETHINK, REINVENT & RESET on the 5th of December,2020.

WEBINAR – SYNERGY TO SAVE ENERGY

Platform: Google meet

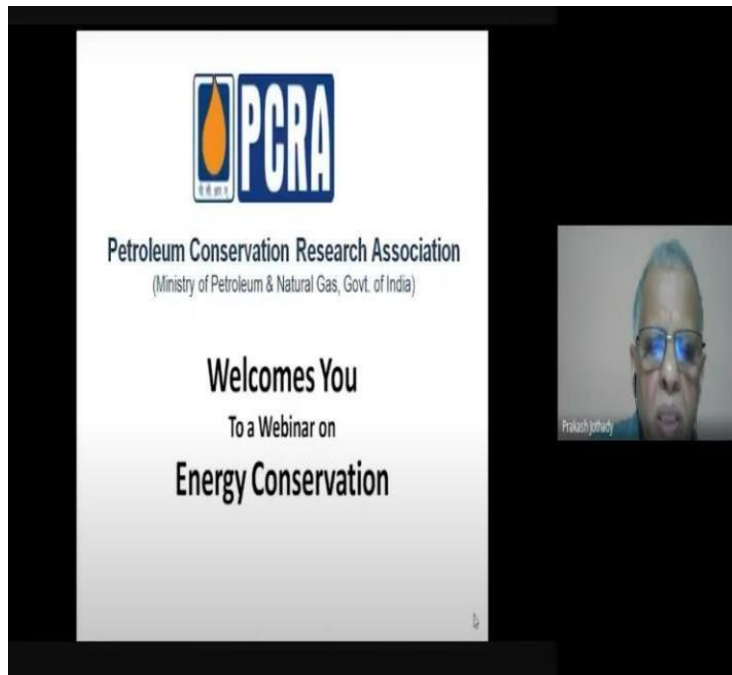
Date: 19th of December 2020

“It won’t take much energy to save energy.”



One of the major problems being faced by the current generation is the shortage of energy. To make energy available for all; not only for ourselves but also for the future generation, we need to take certain steps. In this regard NSS RIT in association with the Petroleum Conservation Research Association (PCRA) organized a webinar “Synergy to save energy” on 19th December 2020, to learn simple steps that we as a individual can take towards the conservation of energy.

Our speakers Mr. V.S Baskar and Mr. J Prakash Rao members of PCRA spoke on the need, ways of conserving and the usefulness regarding the resources available. The session lasted for an hour and at the end the volunteers given a chance to raise questions and seek their answers. Our speakers provided us with ample information.



Date: 09/11/2020 and 10/11/20

As the General secretary of Red cross (Bangalore Rural District), I was instrumental in getting Rs13lakhs funds sectioned for distribution of masks, hand sanitizers and soaps to construction workers during Pandemic period (COVID-19). In this activity, NSS Volunteers participated to a successful completion of the Project. (Action Photos attached)



Date: 01/01/2021

Distribution of Note books, Pencils and geometry boxes to wards of Hostel Employees: This activity, coordinated through NSS, collected sponsorship of Rs10,000/- (Ten thousand only) from Mr. Nickil Gowda and others, to assist the wards of hostel employees.

“Alone we can do so little, together we can do so much”

Education has the power of cultivating and growing an individual into a person with good virtues and habits. Formal education playing a key role in this. Keeping this mind our NSS RIT Officers Dr. Putta Bore Gowda B and Dr. Siddaraju C, along with the members of Faculty NSS distributed books to the children of the hostel working staff of NSS RIT boy's hostel. They did so to provide the children a helping aid and also to encourage them to study harder.





Youth for seva , Doctor for seva: SSLC Examination 19& 22 July 2021

Total number of students participated and issued the Certificate is 30 volunteers



Blood Donation Camp: 23/12/2021

We are pleased to inform you that **925** students and staff of our institution have donated Blood on the occasion of 24th anniversary of our beloved **Founder Chairman Late Dr. M. S. RAMAIAH.**

“Smile and give, someone will smile and live.”

